

Curriculum Vitae

Richard W.M. Visser DC, MPH, PhD.

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Work Experience

- Founder Vera Education Group 2016, in collaboration with UA - Next Gen. Edu. Platforms
- Founder and CEO of Vera Health Group 2014, creating and building Virtual Medical Solutions
- Elected Minister of Healthcare and Sports of Aruba, 2009-2013
- Founder IBiSA, an Institute for Healthy and Active Living. Lifestyle Medicine, Health Screening population Movement and Health Promotion - for the fight against NCD's 2011
- Created and developed the new Food and Health Guide for Aruba "Sailboat" 2010
- Member, Executive Board, Caribbean Public Health Agency (CARPHA), 2011-2013
- Created, National Plan Aruba 2009-2018 for the fight against Obesity and NCD's which got approved and adopted by Parlement and the Counsel of Ministers in 2009
- Elected Senator, Aruba, special attention: Health Care, Sport and Wellbeing, 2005-2006
- Director of research, Obesity Research on Children 6-11 year olds, baseline, associated factors and prevention programs Aruba, Bonaire, Cuba and Ecuador 2003-2009
- Research, Development and Manufacturing Toddler health complete natural foods Los Angeles, CA. USA 2001-2005. (A unique product for starting Toddlers off right after breastfeeding)
- Director, Richard Visser Institute of Higher Education non-Degree and Degree Programs in the Health Field-Advancing, Caribbean and Latin American Region through education, 2005-2009
- Medical Director, Aruba Olympic Committee, guiding athletes, teams, coaches, medical and para medical teams, and parents through an Olympic cycle 2000-2005
- Produced and hosted a TV show called "Wild Medicine" 2003-2004 featured Lifestyle Medicine from around the Globe, combined with media awareness and live events based on the show
- Founder and Director, Visser Wellness and Research Center, Lifestyle Medicine 1997-2006
- CEO Visser Holding a vertically integrated Caribbean pharmaceutical Co. 1997-2006
- Founder and Director, Chiropractic Clinic of Aruba, 1994-1997

Professional Career

- In collaboration with UA created a pilot to "flip the school" Kindergarten through 6th grade, after school program for Middle-High school and The University of Aruba (personalized Edu.)
- Creation of a new Tourism product for Aruba through Vera Health - 24/7/365 access for all our visitors to US board certified physicians via our dedicated Virtual Medical platform
- Creation of the Series PACO (Pan-American Conference on Obesity with special attention to Childhood Obesity), Aruba, (June 8-11, 2011); (June 11-16, 2012); (June 6-8, 2013)
- Creation of the Institute for Healthy Living (IBiSA) health screening, promotion and prevention of NCD's, Aruba, 2012. Lifestyle Institute
- Development of a New Medical Institution in collaboration with Baptist Health International with primary area of focus being Oncology, Diabetes and Medical Tourism (IMSAN), 2009-2013
- Creation and Development "Ciclovias Educativos" to decrease NCD's, 2010-2013
- Creation and Development "Guide for Healthy Living" (Sailing towards Health) incorporated into a gaming platform for kids and young adults to combat obesity and NCD's, 2009-2013
- Health Bus "Carmen" with the purpose of Screening, Health Promotion and Field Research on Obesity and NCD's project started in 2012
- The "Healthy Schools" Pilot project starting in conjunction with the Ministry of Education with seven primary Schools in 2012, implementation 2013 school year.
- "Health in everything" approved by Parlement 2010 Focused on Infrastructure projects like the Linear Park, Cycling paths and strokes, Skating parks, new road design for pedestrians "5Minute communities" for the Elderly etc. together with the Ministry of Infrastructure 2010-2013

- Combining active lifestyles within our Tourism product lineup, projects like beach tennis, beach volleyball, outrigger canoeing, windsurfing, kite boarding, walk and run events, celebrate with movement events, Food and activity labeling with the "Sailboat" for a healthy vacation, International tournaments in conjunction with the Minister of Tourism
- Implementation of the National Plan Aruba 2009-2018 for the fight against obesity and NCD's and related factors
- Universal Health Coverage with focus on cure and care - reenforcing primary care for NCD's implementation of the electronic patient files system, amongst others
- Published the first Health Monitor in conjunction with Aruba's Public Health Dept. with an in depth look at our major Health Challenges 2012
- Obesity and NCD research in the Caribbean Region –with Prof. Remy Hirasing M.D., PhD. and Coll. VU Medical Centrum Amsterdam, 2007 – 2009
- Obesity-economy-society research in Caribbean countries and Latin American Region, accompanied by Dr. Troadio Gonzalez, Ph.D., Havana Cuba 2003-2010.
- Research on NCD-Obesity, physical activity and food behavior in Aruba, Bonaire, and Cuba, accompanied by Dr. Troadio Gonzalez, Ph.D. and Remy Hirasing Ph.D., 2006-2010
- Research on NCD's -longevity-obesity-eating habits-physical activity, accompanied by Dr. Estela Fernandez, Ms.C., Santa Elena and Vilcabamba, Ecuador, 2010 – 2011.
- Childhood obesity, diagnostic and control plan in Aruba, 2003-2013
- NCD's and obesity base line in adults, Aruba 2008-2012
- Obesity a base line study on adolescent, Aruba 2010-2012
- Childhood obesity product research in Los Angeles, CA, USA, 2007-2009
- Obesity and nutritional habits of toddlers, Cuba, 2006-2008
- Contributing writer for Los Angeles Family Magazine – Health Sector – 2006 – 2009

Education

- Doctor in Medical Sciences, (PhD), Public Health National School, Havana, Cuba, Public Health Program, Thesis: Childhood obesity: Prevalence, associated factors and a control program, 2003-2007 including a Masters in Public Health (MPH)
- Research Methodology, National Institute (INHA) for Nutrition and Hygiene. (MPH)Havana, Cuba with Dr. Troadio Gonzalez, Ph.D. and Dr. Angel Caballero Ph.D., 2003 - 2007
- *Post Degree Studies: focus Lifestyle Medicine - Diplomat in Nutrition; Diplomat in Eastern Medicine; Diplomat in Neuromuscular Therapy and Acupuncture, American Association of Integrative Medicine, 2001- 2003; Hypnotherapy and Past Life Regression Training under Dr. Brian Weiss, M.D. 2002 – 2003; Hyperbaric Medicine Through the International Hyperbaric Medicine Association, 2001; Pediatric Nutrition, Tutor: Professor Dennis McKenna PhD, University of Minnesota, 2002 – 2004; Omega 3 DHA Study with investigator, Dr. Douglas Bibus, PhD, University of Minnesota, 2002-2004; Psychology of Obese Kids with Dr. Debbie Luxe, PhD, University of California, Los Angeles, CA 2003-2004; Supplements for Obese Kids with Dr. Titut Yokelson, PhD, Nutritional Laboratories, Montana, 2003 – 2005; Mind-Body Medicine and Primordial Sound Meditation Training under Dr. Deepak Chopra, Chopra Center for Well-Being, La Jolla, CA, 1996 – 1997; Eidetic Imaging and Psychotherapy Training under Dr. Akhter Ahsen, Ph.D., New York, 1998 – 2001.*
- Doctor of Chiropractic (D.C.), Palmer College of Chiropractic-West, Santa Clara, California, U.S.A., 1989 – 1993
- Premedical Program, University of Colorado, U.S.A., 1988 – 1989
- Bachelor of Science (B.S.) in Business Administration, St. Michael's College, Vermont, U.S.A., 1984 – 1988

Languages

- English
- Spanish
- Dutch
- Papiamentu

Recognition

- EUREKA AWARD, World Science Award by Council University Academics, November 6, 2012
- Honor Medal by the International School Sport Federation, June 28, 2012
- Recognition of contribution and dedication to the Research and Study of Childhood Obesity, Los Angeles City Council, Los Angeles, California, April 25, 2008
- Recognition and Endorsement of National Plan Aruba 2009-2018, World Health Organization, (WHO), May 4, 2010
- Recognition and Endorsement of National Plan Aruba 2009-2018, European Public Health Alliance Brussels, (EPHA), Brussels, Belgium, October 20, 2008
- Designated speaker on behalf of the Kingdom of the Netherlands at the United Nations High Level Meeting on Non Communicable Disease (NCD) to explain "The Aruba's Call to Action on Obesity" signed by 22 countries, New York, 19 – 20 September 2011

Publications

- Visser, R together with ACSM "The Aruba Project" e-Book published January of 2017
- Visser, R. On the Prevention of Obesity and a Philosophy for Healthy Living. *Food and Nutrition Sciences*, 2012, 3, 970-974
- Visser, R. Prevención de la Obesidad: teoría y práctica, 2012, 455 pp. www.paco.aw
- Schwiebbe L, Talma H, Renders C, Visser R, Kist-van Holthe J, HiraSing R. High prevalence of hypertension in obese children in the Caribbean. *Pediatrics and International Child Health* 2012,32(4), 204-207
- Visser, R. A Guide, Specific Platform and Philosophical Foundations for Healthy Living: tools for the prevention of childhood obesity, 2012. *IJCM*, in press
- Visser, R., Atkinson, R. Foreword: Proceeding Second Pan American Conference on Obesity with special attention to childhood obesity. Education for childhood obesity prevention: a life course approach. 2012, *IJO*, in press
- Visser, R. Plan de acción holístico contra el sobrepeso y la obesidad en niños de 6 a 11 años en Aruba. *Rev Cub Salud Pública*. 2005;31(4):31-39
- Visser, R. Hábitos Alimentarios en la Cuenca del Caribe y Las Regiones Centro y Suramericana. *Rev Cubana Aliment Nutr* 2007;17(2):174-185
- Visser, R. Estado Nutricional y Perfil Lipídico en Escolares de 6 a 11 años en Aruba. *Rev Cubana Aliment Nutr* 2008;18(1):32-42
- Visser, R. Nutraceuticals for Children: A Focus on Obesity. 2005. *Nutraceuticals World*. 2005;4(3):43-7
- Visser, R. Obesity Life-Expectancy Study Reinforces Need for Healthier Toddler Eating Habits. *Medical News Today*. 2005;2:3-7
- Visser, R. Raising Healthy and Fit Kids. *Natural Foods Merchandiser*. 2005;3:23-7
- Visser, R. Early Efforts Make a World of Difference in Preventing Childhood Obesity. *Total Health*. 2005. 27(1):15-9
- Visser, R. Signals Need for Kids' Low-Sugar Drink Alternatives. *NPI Center Soda, Obesity Research*. 2005;6(2)14-8
- Visser, R. Children's Health is a Weighty Matter. *Health Supplement Retailer*. 2005;9:4-7
- Visser, R. Responsible Retailing. *ECRM Focus*. 2005;7:12-6
- Visser, R. What's the Matter With Kids Today?. *Whole Foods*. 2005;4:7-11
- Visser, R. New Food Pyramid for the Latin American and Caribbean. Region Sao Paulo, Brazil PARLATINO and WHO March, 2006. Presented to Latin American Parliament members
- Visser, R. Hidden Hazards in Your Child's Food. *Los Angeles Family Magazine*, April 2006
- Visser, R. The Breastfeeding Link to Obesity, *Los Angeles Family Magazine*, July 2006

- Visser, R. Breaking the Obesity Code, Los Angeles Family Magazine, Aug 2006
- Visser, R. Are You Making Your Child Fat, Los Angeles Family Magazine, Oct 2006
- Visser, R. Mass Media & Child Obesity. LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. October 2006
- Visser, R. TV's Grip on Your Toddler's Health. LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. November 2006
- Visser, R. Are You Making Your Child Fat. Family Survival Guide. November 2006
- Visser, R. Are You Making Your Child Fat. Family FUN BOOK – July 2006
- Visser, R. Dietary Pitfalls at Your Child's School, LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. Dec 2006
- Visser, R. Martial Arts & Street Dancing: Keys to Unlock Child Obesity, LA FAMILY ONLINE. www.lafamily.com. Jan 2007
- Visser, R. Alternative Keys to Unlock Child Obesity, LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. Jan 2007
- Visser, R. Why Kids Need Active Play More Than Ever, LA FAMILY ONLINE. www.lafamily.com Feb 2007
- Visser, R The Recession of Recess, LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. February 2007
- Visser, R. Your Child's Lifespan May Be Shrinking, LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. March 2007
- Visser, R. Helping Kids Make Sense of Food, LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. April 2007
- Visser, R. Healthy Cooking Tips Your Child Will Love, LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. May 2007
- Visser, R. Fruitful Tips for a Nutritious, Wash-and-Go Dessert, LA FAMILY Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. June 2007
- Visser, R. The Autism Epidemic and Possible Prevention, LA Family Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. Dec 2007
- Visser, R. Childhood Obesity – The Political Hot Potato, LA Family Magazine, Ventura Family Magazine, South Bay Family Magazine, Las Vegas Family Magazine, Santa Clarita Family Magazine, San Gabriel Family Magazine. January 2008
- Visser, R. Soluciones a la obesidad infantil en el Caribe. Ilustrados.com. ISPN: EEEkulfkVpoEmcQzIB. 2 de abril del 2005
- Visser R. Childhood Obesity. Focus On or the Health pages of Eco Aruba-The publication on sustainable development in Aruba. 2005; Jun/Jul:24-8. http://www.ecoaruba.com/en/ec_ecomag_en.html
- Visser, R. Hábitos alimentarios en las regiones centro y sudamericana y la cuenca del Caribe Ilustrados.com. ISPN: EEEkulkZEVcnknacqc. 2 de abril del 2005
- Visser, R. Consideraciones acerca del gasto energético en el control y tratamiento del sobrepeso corporal y la obesidad. Ilustrados.com. ISPN: EEEkulyFkylkeQFTGJBh. 4 de abril del 2005
- Visser, R. Factores del entorno y del individuo en relación con la obesidad y la obesidad infantil. Ilustrados.com. ISPN: EEEkulyFkylkeQfB. 5 de mayo del 2005
- Visser, R. Prevalencia de obesidad infantil y factores asociados en Aruba. Ilustrados.com. ISPN: EEEkulyFkylkeh. 6 de mayo del 2005.
- Visser, R. Obesidad infantil. Ilustrados.com. ISPN: EEEkulkAuwYQcUBx. 2 de abril del 2005

Conferences imparted

- Promotion of Physical Activity at Population Level, Dutch Institute of Sport and Movement, NISB, Netherlands, November 6, 2013
- Prevention NCD-obesity and A guide for Healthy Living, The Economist Conference, Geneva, November 8, 2012
- NCD's and Childhood Obesity, 2012 Global Social Observatory Colloquium Series on Multi-Stakeholder and Multi-Sectoral Collaboration on Non-Communicable Diseases, Geneva, October 30, 2012
- Philosophical Foundations to Childhood Obesity Prevention, Wellness Week Policy Forum, World Bank Headquarter, Washington, September 21, 2012
- NCD and Childhood Obesity Prevention, Pan American Health Conference, Washington, September 19, 2012
- Agriculture-Health and Pan American Effort Against Childhood Obesity and NCD, High Level Ministerial Health Agriculture Meeting (RIMSA16), Chile, July 21, 2012
- Healthy Food Promotion, Global Forum on Obesity, New York, June 20, 2012
- A guide for Healthy Living, Second Pan American Conference on Obesity with special attention to Childhood Obesity, Oranjestad, Aruba, June 15, 2012
- Promotion of Physical Activity and Prevention of Childhood Obesity, Second Pan American Conference on Obesity with special attention to Childhood Obesity, Oranjestad, Aruba, June 13, 2012
- Specific Platform to Childhood Obesity prevention, Second Pan American Conference on Obesity with special attention to Childhood Obesity, Oranjestad, Aruba, June 13, 2012
- Report of Second Pan American Conference on Obesity, World Meeting of International Sport School Federation, Guatemala, June 29, 2012
- Call for Action on Obesity, Pan American Forum on NCD, Brasilia, Brazil, May 9, 2012
- Aruba Call for Action on Childhood Obesity, Meeting of Heads of States and Governments of the United Nations on NCD's, as representative of the Dutch Kingdom, New York, 19 – 20 September 2011
- Actions to prevent the Childhood Obesity, Side Event of the United Nations High Level Meeting on Non-Communicable Chronic Diseases, New York, 18 September 2011
- Prevención de la Obesidad Infantil, Congreso Centroamericano y del Caribe sobre Obesidad, Panamá, 29 julio del 2011
- Physical Activity and Healthy Food, RAFA-PANA, Guadalajara, Mexico, 25 de Julio del 2011
- Childhood Obesity Prevention, High Level Meeting of the Americas on Non-transmittable Chronic Diseases, Mexico, March 20, 2011
- National Plan Aruba 2009-2018, First Pan American Conference on Obesity with special attention to Childhood Obesity, Oranjestad, Aruba, June 10, 2011
- Childhood Obesity and NCD, First Pan American Conference on Obesity with special attention to Childhood Obesity, Oranjestad, Aruba, June 10, 2011
- Ciclovia Aruba Activo, First Pan American Conference on Obesity with special attention to Childhood Obesity, Oranjestad, Aruba, June 10, 2011
- Physical Activity and Healthy Food,
- Childhood Obesity Prevention, Directive Council Meeting of Pan American Health Organization (PAHO), Washington, September 2010/2011
- Nutrición y quiropraxia para los trabajadores de Aruba. Congreso Internacional de la Asociación Médica del Caribe, La Habana, Cuba, 17 Abril 2004
- Suplementos Nutricionales en un Programa de Intervención para el control de la Mala Nutrición por exceso. Aruba 2004 Congreso Internacional sobre Calidad de los Alimentos. Varadero, Cuba 2004
- Obesidad en atletas. Taller Científico del Comité Olímpico de Aruba, 22 Noviembre 2004
- Educación física en la enseñanza escolar. Taller Científico del Comité Olímpico de Aruba, 22 Noviembre 2004

- Evaluación antropométrica y perfil lipídico en escolares Arubianos. Congreso Internacional de Alimentación y Sociedad, Neuquén, Argentina, 6 Abril 2005
- Debemos preocuparnos por la obesidad infantil en Aruba?. Congreso Internacional de Alimentación y Sociedad, Neuquén, Argentina, 7 Abril 2005
- Es necesario atender la obesidad de los niños en Aruba?. Congreso Internacional de Antropología. La Habana, 8 Abril 2005.
- Childhood Obesity: An International and Multifactorial Pandemic. World Obesity and Weight Loss Congress (www.obesityandweightloss.com). Washington, DC, September 13, 2005
- How to Raise Healthy and Fit Kids. Natural Products Expo West(www.expowest.com). Anaheim, CA, March 18, 2005
- Raising Healthy and Fit Kids. Natural Nutritional Foods Association Conference (www.nnfa.org). Las Vegas, NV, July 15, 2005
- How to Raise Healthy and Fit Kids. Natural Products Expo East (www.expoeast.com). Washington, DC, September 17, 2005
- Obesidad, obesidad infantil y longevidad satisfactoria. Congreso Internacional sobre Longevidad. La Habana, Cuba, 18 Mayo 2005
- Obesidad: Política, Economía y Sociedad. Congreso Internacional sobre Longevidad. La Habana, Cuba, 18 Mayo 2005
- Estrategia para combatir la obesidad en la región del Caribe y elevar la duración y la calidad de vida. Congreso Internacional sobre Longevidad. La Habana, Cuba, 18 Mayo 2005
- Obesidad en el Caribe. Congreso Internacional sobre Longevidad. La Habana, Cuba, 18 Mayo 2005
- Inocuidad de los alimentos, obesidad y longevidad satisfactoria. Congreso Internacional sobre Longevidad. La Habana, Cuba. 18 de mayo del 2005
- Raising Healthy and Fit Kids, Healthy Baby Expo, (www.heb.com) San Antonio, Texas, Mar 3, 2007.
- Raising Healthy Heroes. Loz Feliz Charter School for the Arts. 1st Grade. (www.lfcsa.org) Los Angeles, California, June 8, 2007.
- Obesity study diagnosis and treatment in the Dutch Caribbean, April 18 -20 2007 – Aruba Parliament, Curacao Parliament and Government of Bonaire
- Healthy Heroes. Naturally Healthy Children's Expo (www.mynhc.org). Chicago, IL, Oct 4-7, 2007 – 3 Presentations 2nd Annual Dr Bryson Symposium 2007 "Raising Healthy and Fit Kids" Medical Education accredited by KNMG, Aruba, Oct 27, 2007
- Obesity Solutions for Our Region by invitation of The VU Medical Centrum, Amsterdam. Surinam, November 2-4, 2007 (www.vu.nl)
- Dietary habits in the Caribbean basin and Central and South America, ECO2008, Geneva, Switzerland, May 14-17, 2008 (www.Eco2008.org), (www.iaso.org)
- Dietary Habits in the Caribbean basin and Central and South America, Chamber of Commerce Caribbean Business Convention, Aruba, September 23, 2008 (www.arubachamber.com) Symposium with Dr. Bryson", Aruba, October 25, 2008
- Promotion Physical Activity at population level, International Olympic Committee" congress on Movement and Fitness, Kuala Lumpur, Malaysia, Nov 3-6, 2008 (www.ioc.com)

Other Medical Work

- Co-Founder Simply Hyperbaric, Santa Fe NM. Hyperbaric Medicine Facility 2001 – 2003
- Research Director; Obesity Research on 10.000 school kids in Aruba 2003 – 2006
- Director of Research and Development Wild Medicine Simplyh Pediatric Dietary Supplement for Toddler Formulas, 2002–2009. Launched in 2007 researching 10.000 Toddlers in Cuba together with the Neurology Institute in Havana, Cuba
- Research partner with VU Medisch Centrum Amsterdam Prof. R. A. Hirasing in Bonaire – Obesity 2007, long term study on the primary school kids – Diagnosis and Treatment.
- Head of Obesity Task Force for Aruba and the Netherlands Antilles – January 2008

Business Endeavors

- Chief Executive Officer, Visser Holding, N.V., Aruba, Dutch Caribbean, Est.1998; Holding is comprised of the following pharmaceutical companies: Botica Kibrahacha; Botica

Oduber; Botica San Lucas; Botica San Lucas II; Rx Pharmacy; Botica Centraal; Botica Trupiaal; Visser Trading Aruba, N.V.; Visser Trading, Curacao; Botica Otrabanda, Botica Brion Curacao; Perla Bottling Company, St Maarten 3 pharmacies and Visser Trading St. Maarten. (www.visserholding.com)

- Director, Visser Wellness Center, Integrative Medicine, 1997 – 2009
- Director of Research and Development for Visser Holding NV 1997 – 2009
- Founder and Chief Executive Officer, Wild Medicine Television, 2000 - 2006
- Founder and Chief Executive Officer, Wild Medicine Dietary Supplements, 2001 - 2009
- Chief Executive Officer, Simply H Integrated Global Health Company, Inc., 2001 - 2009
- CEO, Simply Toddler LLC developing products and services 2003 – 2009
- Developing Next. Gen. Medical Tourism with Longevity and E-Medicine 2004 - 2009

Public Service

- Founder and Director, CPR Youth Foundation, Aruba, 1995-2005
- Founder, "How We Give" Community Outreach program, 1996-2006
- President, Fellowship Foundation Recovery Facility and Half-Way House, Aruba, 1999-2003
- Rotarian 1999 – 2003
- Director and founder of Ecstasy Radio Show 96.5 FM Talk Show on Addiction, 2002-2004
- Founder and President Comunidad cu Vitalidad foundation Aruba 2005-2007
- COCO International (Caribbean Obesity Coalition) founder and President 2005–2009
- Developed the ground breaking "Extreme H Games" (health Games) for kids 6-18
- Developed the New Health Guide "Sailboat" Sailing to better health, replacing the Food Pyramid, and currently developing the educational tool in a Gaming format for primary and secondary schools in the U.S.
- Extreme H Games Aruba – Bonaire – Curacao and expanding through the Caribbean and U.S.
- Creating integrated Prevention and Health Promotion programs/models, for combating the rise in NCD's and Obesity in a systems that can be adapted to each individual country

Professional Associations / Memberships:

- Gonstead Clinical Studies Society (GCSS)
- International Chiropractic Association (ICA)
- Applied Spinal Biochemical Engineering (ASBE)
- Fellow of the American Association of Integrative Medicine (AAIM)
- Founding member International Hyperbaric Medicine Association (IHMA)
- Caribbean Medical Ass. Since 2003 (CMA)
- Club 120 CUBA since 2003 (Longevity Medicine)
- Latin American Parliament 2005-2006 (PARLATINO)
- Member of the Executive Committee of the "Asociacion para el estudio de la Obesidad en Centroamerica y el Caribe", Panama 2011.
- FECOM – member
- CARPHA – member
- RAFA PANA - member

Media appearances

- 2005 - July, - NBC Aruba, Channel 15, Interview regarding Political Campaign for Senate seat to bring change to the Health Ministry Structure of the Medical System in Aruba
- 2005 - September – December, NBC Aruba, Channel 15 2006 NBC – Interviews and Programs about Dr. Visser's plan in the government of Aruba as a Senator in Parliament

- August – TeleAruba Channel 13 “A Day in the Life of Dr. Richard Visser” with Poentje Castro
- 2006 – January – May, NBC Aruba, Channel 15 - Interviews regarding the Childhood Obesity pandemic in Aruba and presentation of Thesis to the Government with Intervention and Prevention Programs
- 2007 – March – July, NBC Aruba News, Xtreme H Games interview regarding Dr. Visser’s Intervention Plan for the Community with Xtreme H Games
- 2007 - May 2, “Heartbeat of America” with Doug Llewelyn, Interview about Toddler Health products and Childhood Obesity pandemic
- 2007 – September - NBC Aruba News, “Childhood Obesity in Aruba” Interview with Dr. Richard Visser
- 2007 – September - NBC Bonaire News, Xtreme H Games
- 2007 - November 5- Local News, Paramaribo, Suriname “Interview – Symposium on Childhood Obesity” with Prof. Remy Hirasing Phd
- 2008 - March 7 - Fox News in The morning, San Antonio, Texas, Interview on Childhood Obesity research
- 2009 – Los Angeles, California, Extreme H-Games, TV pilot for LA36, activating the youth to live a healthier lifestyle, host and producer Dr. Richard Visser
- 2010 – 2011 – 2012 - PAHO Executive Committee Meeting
- 2011 - Global Health Conference Washington, DC. Key note speaker
- 2012/13 - As Minister of Health and Sport several conferences on a multitude of subjects in Public Health, Hospital care, the future of cloud-care, Lifestyle medicine, Exercise is medicine with ACSM, Population Mass Movement a paradigm shift
- 2015/16 - Virtual Medicine the new frontier for medicine and access to care (several countries)
- 2016 - New Education systems based on the concept of Personalized Education